

## **Data Sets and Lists We Wished Existed: Collection made during the 3<sup>rd</sup> COUNTING FEELINGS workshop with and by Trans\* and disabled participants**

stimmy data: a list with resources on how to make your own stimtoys & data on autistic joy

data on Trans\* affirming health care practices

data on / lists of queer spaces (bars, clubs etc.) that are accessible and aware of disabilities/access needs (data on what kind of access they provide)

a list of accessible art/cultural institutions and potential access need options to request at such institutions (e.g. earlier opening times for neurodivergent viewers)

a list of places where gender non conforming and Trans\* people can get their nails, hair, massage, other sort of body care stuff done (and learn about how to do these things too?)

data on alternatives to big tech access tools (captioning for example)

a list of resources to help navigate bureaucratic paperwork / resources to voice access needs (access rider examples) / any other templates, guides, frameworks

a list of queer & disability focused parenting/reparenting resources / data on re/parenting

a list of resources for setting up care pod community structures & creating access for each other with various disabilities

data on what happens when taking testosterone and estrogen over long periods of time

a list of accessible health care options/doctors for autistic people

a collection of selfies of Trans\* people

a collection of top surgery scars photographed by us and/or our loved ones

a list of anti-assimilationist access interventions into inaccessible spaces (bring-your-own-bed-style)

a pool of Trans\*-/&crip nudes/definitions of sexiness, erotica... maybe literotica?

a list of easy recipes to make during difficult days

## COUNTING FEELINGS DATA SETS by MELT, 2023

toolbox for how to cope in inaccessible environments and hack some comfort into them, e.g. sonic or other overstimulation, different time needs, psychological accessibility, when there are no resources to fight for structural change

a list of trauma support resources (therapies, support groups, embodiment practices) for Trans\* & disabled people

data on access barriers to help lines (telephone, chat) for Trans\* and disabled people in Germany

a list of questions to ask yourself to find out boundaries in different relations, of course will be different for everyone, but some ideas to begin with

cw: death

a toolbox of how to care for / talk about pandemic and grief/loss in groups and work situations

a list of questions to ask yourself to find rest (physical or mental) and to find what brings you joy / a list of support questions for different situations: When should I take a break?

a list of ideas around how to find out personal practices of embodied consent

lists of queer + disabled + BIPoC owned spaces and businesses to support

a list of easily accessible literature (online, libraries, zines) by and about queer/Trans\* disabled people

collection of resources for expats + immigrants + refugees, specifically for Trans\*, disabled, and BIPoC communities & resources to help find freelance/part-time accessible work

lists of herbs / tonics / tinctures that can be taken against stress and trauma, what they do, where they could be found, what herbal things could be helpful and supportive to a traumatized bodymind

a list of Trans\* & disabled & BIPoC poets and some online poetry that can be read

a list of Trans\*, disabled & BIPoC artists wanting to collaborate and/or seeking work

data on access barriers to work, employment and freelancing

data on and public access to wage and salary reports of ALL positions

## COUNTING FEELINGS DATA SETS by MELT, 2023

a list of podcasts (with transcripts) that affirm and celebrate disabled & Trans\* experiences

data on institutions (non) attempts to reduce barriers

lists of accessible practices for precarious art/design workers

ideas about how to move towards sustainability

lists/tools/platforms for Trans\* and disabled people to find each other based on interests, e. g. for walking dogs together